

NORTH OF ENGLAND COMMUNITY BLAST



DIABETES CARE DURING CORONAVIRUS

We have resources available to outline what care you should receive during the pandemic and how best to prepare for remote appointments. To access this information, please contact our regional team via the details overleaf. Or visit our website:

www.diabetes.org.uk/about_us/news/coronavirus



DIABETES UK IN THE NORTH OF ENGLAND...

Diabetes Week, 14 – 20 June: This year we'll be telling **#DiabetesStories** from all corners of the UK to celebrate the diabetes community.

Virtual event, 21 July: The team are hosting a virtual meet-up on Zoom for 'Friends of the North' which is comprised of people touched by or working in diabetes in the North of England.

The basics of type 2 diabetes, pre-diabetes, and remission, October: We are hosting this webinar to answer your questions and offer information and support.

World Diabetes Day, 14 November: Join us in celebrating! More information on how to get involved will be on our website later this year.

Virtual event, 14 December: The team are excited to round off the jam-packed year with a fun and friendly virtual event for our 'Friends of the North'.



Please **get in touch with our regional team** (details overleaf) if interested in any of the above!

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.

NORTH OF ENGLAND COMMUNITY BLAST



Regional team

Our North of England team are here to help and we love to hear from you. If you want to hear more and connect with your local team, please get in touch with us on:

Telephone: 01925 653 281

Email: n.west@diabetes.org.uk

Facebook: please search [Diabetes UK Chat: Your Friends in the North.](#)

Get involved

Would you like to help us create a world where diabetes can do no harm? Then we have a role for you! Whether it's volunteering, fundraising, campaigning or sharing your story, we'd love to hear from you.

Peer support

We have peer support groups across the UK who offer people affected by diabetes a chance to share their experience with others. Or, if you would like some 1:1 support, we have volunteers you can talk to!

Learning zone

Visit our online Learning Zone for free, tailored advice and tips on managing your diabetes day-to-day: www.diabetes.org.uk/learn-zone

Invite us

Do you want to hear more about diabetes in your workplace, faith group or community group? Get in touch for information or arrange a talk.

NATIONAL HELPLINE

Get in touch with our trained advisors for support, advice or just a chat. Call our helpline, Monday to Friday, 9am to 6pm or email us:



0345 123 2399

helpline@diabetes.org.uk

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.