



# Bereavement Directory

A detailed directory of services related to bereavement, covering both national and local services within the Bradford district and Craven area.



funded by the NHS

May 2020

Local Services (A - Adult C - Children F - Families All - Adult/Children/Families)			
Type	Service	Details	Information
A	<b>Andy's Man Club</b> Local/Nationwide Adult Males Only	www.andysmanclub.co.uk Twitter – @AndysManClubUK Facebook – /AndysManClub Instagram – @AndysManClubUK	We provide weekly club meetings where men can get together and talk openly about things that they may be struggling with in a non-judgmental, confidential environment. By doing this, we are creating a community where men can share their experiences, support each other and by doing this, reduce the pressure and feelings of isolation and frustration. #ITSOKTOTALK
A	<b>Bradford Bereavement Support</b> Bradford Adult Support 16+	01274 619 522 info@bradfordbereavement.org.uk www.bradfordbereavement.org.uk www.facebook.com/bradford.bereavement	Anyone aged 16 years or above in the Bradford area who is affected by bereavement can contact Bradford Bereavement Support.  Our aim is to offer, equal access to our service irrespective of sexual orientation, religion or belief, ethnic background, disability or culture.  Services: Individual One to one Bereavement Counselling, Pre-Bereavement Support, Telephone Counselling (in special circumstances), Urdu & Punjabi Speaking Counsellors.
All	<b>Bradford Counselling Service</b> Bradford/ West Yorkshire For Everyone	01274 733 080 info@bradfordcounsellingservices.org.uk www.bradfordcounsellingservices.org.uk	Bradford Counselling Services is a professional voluntary sector organisation. We offer confidential counselling for people aged 13 and over.

A	<p><b>Bradford SANDS – Stillbirth &amp; Neonatal Death Charity</b></p> <p>Bradford/ Nationwide Adult Support</p>	<p>0808 164 3332 07876 664524 07804 694742 Bradfordsands@yahoo.co.uk Facebook - /BradfordSands</p>	<p>Bradford SANDS are a local support group who can offer emotional support and practical help if your baby has died during pregnancy, at birth or shortly afterwards.</p> <p>Bradford SANDS meet: 1st Tuesday of the month (7 – 9pm) At: Upstairs meeting room, Eccleshill Library, Bolton road, BD2 4SR</p>
All	<p><b>Bradford Teaching Hospitals Foundation Trust Chaplaincy @ St.Lukes</b></p> <p>Bradford In Hospital Support (for everyone)</p>	<p>01274 365 819 chaplaincy@bthft.nhs.uk www.bradfordhospitals.nhs.uk</p>	<p>Our acclaimed chaplaincy team is made up of qualified representatives from all the major faiths and is on hand to offer spiritual and pastoral care 365 days a year to all visitors and staff throughout Bradford Teaching Hospitals NHS Foundation Trust.</p> <p>Facilities include: Christian chapel Muslim prayer room Multi-faith quiet room</p>
All	<p><b>Cancer Support Yorkshire</b></p> <p>Yorkshire District Support for everyone</p>	<p>01274 776 688 Support@cscopyorkshire.org.uk www.cancersupportyorkshire.org.uk Facebook - /CSYorks</p>	<p>Local Cancer Support Yorkshire provides one to one bereavement support through our counselling service for those affected through loss and bereavement support groups when needed.</p>

A	<p><b>Cruse Bereavement Care</b></p> <p>Local/Leeds/Craven District (Skipton and surrounding areas)</p> <p>Nationwide</p> <p>Adults 16+</p>	<p>01756 797 799</p> <p>craven@cruse.org.uk</p> <p>www.cruse.org.uk</p>	<p>Our trained Bereavement Volunteers provide support and an opportunity to share thoughts and feelings. We aim to help people understand their grief and cope with their loss. Support is provided face to face at venues across the area and we are also able to offer telephone support. The support we provide is free and confidential and available to adults, young people and children five years old.</p>
All	<p><b>Family Action</b></p> <p>Bradford</p> <p>Family/Child Support</p>	<p>01274 651 652</p> <p>bradfd@family-action.org.uk</p> <p>www.family-action.org.uk</p>	<p>We offer therapeutic services for children and their families across the Bradford district. Children and loss service: therapeutic support for children and young people aged 5 – 17 yrs, who have experienced a bereavement (the bereavement must have occurred 6 months prior to referral).</p>
All	<p><b>Forget Me Not</b></p> <p>Yorkshire</p> <p>Family/ Child Support</p>	<p>01484 411 040</p> <p>www.forgetmenotchild.co.uk</p> <p>contact@forgetmenotchild.co.uk</p>	<p>It may be that you lost a child a long time ago, but suddenly need to start managing your feelings in a different way, or something has stirred up difficult memories. You can come to us even if we've never met before, and you're welcome to use our bereavement services for as long as you like, for free.</p>
All	<p><b>Martin House Children's Hospice</b></p> <p>West Yorkshire</p> <p>For Everyone</p>	<p>01937 845045</p> <p>admin@martinhouse.org.uk</p>	<p>Offer bereavement support to all families following the death of their child.</p> <p>Support is tailored to the family's needs and can take place at the hospice or in the family's own home.</p> <p>Video, telephone and email support now offered.</p>

A	<p><b>Sands - Stillbirth and Neonatal Death Charity</b></p> <p>Local/Nationwide</p> <p>Adults</p>	<p>020 7436 7940</p> <p>info@sands.org.uk</p> <p>www.sands.org.uk</p> <p>Facebook - /BradfordSands</p>	<p>Sands is a UK charity that works across the country to support anyone affected by the death of a baby; improve the care bereaved parents receive from health care and other professionals; and reduce the number of babies who do die by funding research and working closely with other organisations to create a world where fewer babies die. We have a free national helpline offering bereavement support and information on the telephone and by email. We also offer support through a moderated forum, information booklets and over 100 local peer support groups. Services: Groups, Peer support, Listening, Phone helpline, Website articles and information, Events...</p>
A	<p><b>Samaritans</b></p> <p>Local/Nationwide</p> <p>For Everyone</p>	<p>01274 547547</p> <p>jo@samaritans.org</p> <p>www.samaritans.org/branches/bradford-samaritans</p>	<p>We offer a safe place for you to talk any time you like, in your own way – about whatever’s getting to you. You don’t have to be suicidal.</p>
F	<p><b>Star Bereavement Support Service</b></p> <p>Wakefield</p> <p>Children and Family</p>	<p>01924 787384</p> <p>admin@starwakefield.org.uk</p> <p>www.starwakefield.org.uk</p>	<p>Star Bereavement Support Service is a small charity providing support around bereavement and loss.</p> <p>Working with children and young people aged 4-19 years in the Wakefield Area</p> <p>Services: Groups, One to One, Listening, Events...</p>

<p><b>A</b></p>	<p><b>Sue Ryder Online Community</b>          Nationwide/Local          Adults</p>	<p>online.community@sueryder.org  <a href="http://www.sueryder.org/community">www.sueryder.org/community</a>          Facebook - /SueRyderNational</p>	<p>Online forum where bereaved adults can exchange messages, share feelings and support each other. It's a free service, accessible 24/7 via computer, smart phone or tablet, and you can choose an anonymous screen name. Moderated by Sue Ryder to ensure a safe and supportive environment. Services: Peer support, Website articles and information...</p>
<p><b>F</b></p>	<p><b>Sunbeam Support Group</b>          Local          Family Support</p>	<p><a href="http://www.aidanselephants.co.uk">www.aidanselephants.co.uk</a>  <a href="https://www.facebook.com/aidanselephants">www.facebook.com/aidanselephants</a></p>	<p>The Sunbeam Support Group provides a welcoming space for anyone who has experienced the loss of a baby or young child. Parents can meet other families who are grieving for their children, talk openly about their loss, discuss coping mechanisms and eventually – learn to live again. The group offers not only a wealth of experience and advice for bereaved parents, but a substantial amount of grief-related resources too, including a lending library which allows parents to borrow books related to the topic of baby loss.</p>

<p><b>F</b></p>	<p><b>The Compassionate Friends</b>          Nationwide/Local          Family Support</p>	<p>0345 123 2304          helpline@tcf.org.uk          www.tcf.org.uk          Facebook - /www.tcf.org.uk</p>	<p>Offer a National Telephone Helpline, staffed by bereaved parents, and available for support and information 365 days a year, a website and moderated online forum and supportive social media groups, local support groups and contacts, weekend gatherings and retreats, information leaflets, bereavement support publications and a postal library. Some adult bereaved sibling support is also available. We also have local groups.</p> <p>Services: Groups, One to One, Peer support, Phone helpline, Events, Holidays, Email support, Friendship support</p>
<p><b>All</b></p>	<p><b>The Market Place</b>          Leeds/Local          For Everyone</p>	<p>01132 461 659          www.themarketplaceleeds.org.uk</p>	<p>Our services are free, confidential and available for 11-25-year-old in Leeds. We offer a range of services including one to one support, counselling, group-work and our dropin. All these services are delivered by our Youth Work Service and Counselling Service</p> <p>Services: One to One, Listening, Drop in</p>

<p><b>F</b></p>	<p><b>Winston's Wish</b> Local/Nationwide Family/Adults</p>	<p>01242 515157 Helpline - 08088 020 021 info@winstonswish.org.uk www.winstonswish.org.uk</p>	<p>Winston's Wish helps children rebuild their lives after the death of a parent or sibling, enabling them to face the future with confidence and hope. We offer the widest range of practical support and guidance to children, families, professionals and anyone concerned about a bereaved child. Services: Groups, One to One, Professional counselling, Listening, Drop in, Phone helpline, Website articles and information, Event</p>
<p><b>All</b></p>	<p><b>Yorkshire Children's Trust</b> Yorkshire Children and Families</p>	<p>01422 72 80 80 charity@yctrust.uk www.yctrust.uk</p>	<p>Supporting children and families on the Yorkshire area. Services: Counselling therapy, general advice and support, grants, respite breaks...</p>



National Services (A - Adult C - Children F - Families All - Adult/Children/Families)			
	Service	Details	Information
F	<p><b>A Child of Mine</b> Nationwide Family Support</p>	<p>01785 283 434 hello@achildofmine.org.uk www.achildofmine.org.uk Facebook - /achildofmine</p>	<p>Child of Mine is a registered charity supporting families across the Midlands and UK and working alongside healthcare professionals when a child has died. We educate on the needs and experiences of bereaved parents which helps to improve the care they give in the future.</p> <p>Services: Face-to-face, online support, telephone support - Groups, One to One, Peer support, Practical support, Listening, Phone helpline, Website articles and information, Events, Grants...</p>
F	<p><b>AAFDA</b> (Advocacy After Fatal Domestic Abuse) Nationwide Family Support</p>	<p>07768 386 922 info@aafda.org.uk www.aafda.org.uk Twitter - @AAFDA6</p>	<p>AAFDA is a national organisation helping families emotionally and practically after homicide (especially domestic homicide). Expert caseworkers have suffered either homicide in their families or serious domestic abuse - specialise in guiding and advocating in Domestic Homicide Reviews, Mental Health Reviews, Serious Case Reviews, Inquests and other inquiries.</p> <p>Services: Groups, One to One, Peer support, Practical support, Listening, Website articles and information, Advocacy...</p>

A	<p><b>Aching Arms</b> Nationwide Adults Only</p>	<p>07876 504 042 bears@achingarms.co.uk info@achingarms.co.uk www.achingarms.co.uk Facebook - /AchingArmsUk</p>	<p>Aching Arms is a national charity that provides free comfort bears to bereaved parents to support their mental health and healing after the loss of a baby during pregnancy, birth or soon after. We work with midwives in EPUs, NICUs and labour wards to help bring comfort to bereaved parents by asking them to offer our comfort bears to those who have lost a baby. The bears we give are a gift from another family who has experienced the loss of a baby, so the parents receiving the bear know they are not alone.</p> <p>Services: Friendship support, Website articles and information.</p>
F	<p><b>Anna Freud National Centre for Children &amp; Families</b> Nationwide Family Support</p>	<p>020 7794 2313 info@annafreud.org www.annafreud.org Facebook - /AFNCCF</p>	<p>The Anna Freud National Centre for Children and Families specialises in working with families who have experienced traumatic bereavement. Currently we are conducting an intervention pilot called the Child and Family Traumatic Stress Intervention (CFTSI) which may be suitable for bereaved children and their families.</p> <p>Services: One to One, Professional counselling, resources and support.</p>
F	<p><b>ASSIST Trauma care Across</b> Nationwide Family Support</p>	<p>01788 560 800 info@assisttraumacare.org.uk www.assisttraumacare.org.uk Twitter - @assist_trauma</p>	<p>Specialist evidence-based trauma therapy for individuals and families bereaved by homicide and accidental death.</p> <p>Services: Digital and Virtual services as well as face-to-face - One to One and groups – varying models and approaches.</p>

A	<p><b>At A Loss</b></p> <p>Nationwide</p> <p>Adult Support</p>	<p>office@ataloss.org</p> <p>www.ataloss.org</p> <p>Facebook - /AtaLosscharity</p>	<p>Providing the UK's signposting website for the bereaved, directing the bereaved and those supporting them to information and services appropriate to their loss; promoting and encouraging the bereavement support that exists; plugging gaps in bereavement support where it is scarce; training groups and individuals in bereavement care to mobilise local support.</p>
F	<p><b>BEAD (Bereaved through Alcohol and Drugs)</b></p> <p>Information based site</p> <p>Nationwide</p> <p>Family Support</p>	<p>info@beadproject.org.uk</p> <p>www.beadproject.org.uk</p>	<p>Our website is a source of information, support and hope for anyone whose loved one has died as a result of drug or alcohol use, and includes advice on overcoming grief and practical aspects of a bereavement as well as personal accounts that show people they are not alone.</p> <p>Services: Website articles and information</p>
F	<p><b>Bereaved Parent Support - Care for the Family</b></p> <p>Nationwide</p> <p>Family Support</p>	<p>029 2081 0800</p> <p>mail@cff.org.uk</p> <p>www.careforthefamily.org.uk</p>	<p>Resources, telephone befriending and events to help those who have lost a son or daughter of any age, in any circumstance. Providing support and encouragement through the grieving process.</p> <p>Services: One to One, Peer support, Friendship support, Listening, Phone helpline, Website articles and information, Events, Email support...</p>

<p><b>F</b></p>	<p><b>Brake Helpline - Brake</b>          Nationwide          Family Support</p>	<p>Switchboard: 01484 559 909          Helpline: 0808 8000 401  <a href="mailto:helpline@brake.org.uk">helpline@brake.org.uk</a>  <a href="http://www.brake.org.uk">www.brake.org.uk</a>          Facebook - /Brakecharity</p>	<p>Brake's helpline is a quality accredited, freephone support service, providing information and advocacy, emotional support and a listening ear. Calls are confidential and there is no time limit to our support. The helpline provides support for UK residents in the following circumstances: bereaved or seriously injured in a crash, caring for someone bereaved or seriously injured in a crash: police officer, teacher or health worker, wanting advice about how to help people affected by a crash We will provide support whether the crash was recent or a long time ago, and whether it occurred in this country or abroad.</p> <p>Services: Practical support, Listening, Phone helpline, Advocacy, Email support...</p>
<p><b>F</b></p>	<p><b>Child Bereavement UK</b>          Nationwide          Family Support</p>	<p>Helpline: 0800 02 888 40  <a href="mailto:support@childbereavementuk.org">support@childbereavementuk.org</a>  <a href="http://www.childbereavementuk.org">www.childbereavementuk.org</a>          Facebook - /childbereavementuk</p>	<p>Child Bereavement UK supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement. Every year we train over 7000 professionals, helping them to better understand and meet the needs of grieving families. We're building up the number of regional centres across the UK so do get in touch for details of support in your local area if this search does not give you the results you need.</p> <p>Services: Groups, One to One, Listening, drop in, Phone helpline, Website articles and information, Events, we provide monthly support sessions</p>

All	<b>Children of Jannah</b> Nationwide Support for Everyone	<a href="mailto:info@Childrenofjannah.com">info@Childrenofjannah.com</a> <a href="http://www.childrenofjannah.com">www.childrenofjannah.com</a>	<p>The Children of Jannah Telephone Support &amp; Information Line is staffed by specially trained bereavement support volunteers, who offer a listening ear and emotional support to bereaved parents. We will listen to you in a safe, non-judgmental manner and talk to you with empathy and understanding. Your feelings, your emotions and your journey through grief are confidential and you can trust us to respect your story. We can signpost you to other groups and useful sources of information, should you wish us to. Friends and family, as well as professionals, the NHS and other organisations, can also call us to obtain information on our services and what we do.</p>
A	<b>Disaster Action</b> Nationwide Adults	<a href="mailto:admin@disasteraction.org.uk">admin@disasteraction.org.uk</a> <a href="http://www.disasteraction.org.uk">www.disasteraction.org.uk</a>	<p>Disaster Action's website provides resources and information for the bereaved and survivors of major disasters that occur in the UK and overseas. If you have been affected by a disaster, you may find our series of free leaflets useful.</p> <p>Services: Website articles and information</p>
A	<b>Facing the Future</b> Nationwide Adult Support 18+	<a href="mailto:info@facingthefuturegroups.org">info@facingthefuturegroups.org</a> <a href="http://www.facingthefuturegroups.org">www.facingthefuturegroups.org</a>	<p>Facing the Future has been developed by Samaritans &amp; Cruse Bereavement Care to support those bereaved by suicide. Our support groups run weekly over six consecutive weeks, are 90 minutes per session, facilitated by two trained volunteers, available to anyone over 18, have maximum of eight participants, available free of charge.</p> <p>Services: Groups</p>

<b>All</b>	<b>Forces Children's Trust</b> Nationwide Family/Child Support	01737 361 077 Denny.Wise@forceschildrenstrust.org www.forceschildrenstrust.org	As a charity we are devoted to working together to help children in need whose father or mother has died, or has sustained life-changing injuries, whilst serving as a member of the British Armed Forces or Civilian Forces (i.e. Police, Fire and Ambulance Services). Services: Groups, Professional counselling, Listening, Website articles and information, Events, Holidays
<b>C</b>	<b>Grief Encounter</b> Nationwide Child Support	0808 802 0111 contact@griefencounter.org.uk www.griefencounter.org.uk	Helping children through bereavement. Services: One to One, Professional counselling, Phone helpline
<b>C</b>	<b>Hope Again – Cruse Bereavement Care's website for young people</b> Nationwide Child Support	0808 808 1677 helpline@cruse.org.uk www.hopeagain.org.uk	Hope Again is Cruse Bereavement Care's website for young people. Services: Groups, One to One, Peer support, Phone helpline, Website articles and information.
<b>All</b>	<b>Jewish Bereavement Counselling Service</b> Nationwide Family/Child/Adult Support	0208 951 3881 enquiries@jbcs.org.uk www.jbcs.org.uk	The Jewish Bereavement Counselling Service offers confidential counselling to individuals, couples, children and families in the Jewish Community who are experiencing loss. JBCS also provides bereavement support groups Services: Groups, One to One.

<b>F</b>	<b>JOEL The Complete Package</b> Nationwide Family Support	07591740287 info@joeltcp.org www.joeltcp.org	Support for families through pregnancy and parenting after baby loss.  Services: Groups, One to One, Peer support, Friendship support, Practical support, Listening, Drop in, Phone helpline, Website articles and information, Events, Advocacy
<b>All</b>	<b>Just B - Children &amp; Young People Services</b> Nationwide Support for Everyone	01423 814480 (adults) 01423 856790 (children) info@justb.org.uk www.justb.org.uk	Just B offers practical support to children, young people and adults who have been bereaved, as well as information and advice for the professionals working with them. We make no charge for our services and these are offered in a safe and confidential environment.  Services: One to One, Practical support, Listening, Events
<b>F</b>	<b>Listening Ear</b> Nationwide Family Support	01514 886 648 enquiries@listening-ear.co.uk www.listening-ear.co.uk	We provide a range of emotional and psychological therapies and support services for children, young people and adults.  Counselling Service Services: Groups, One to One, Peer support, Listening and counselling service.
<b>F</b>	<b>Love, Jasmine</b> Nationwide Family Support	Crisis Line - 0151 252 3145 07566 225 253 enquiries@lovejasmine.org.uk www.lovejasmine.org.uk Facebook - /lovejasmine	Love, Jasmine is a charity that provides emotional and practical support to families that have lost a child.  Services: Telephone, SKYPE, video conferencing - Groups, One to One, Peer support, Practical support, Professional counselling, Website articles and information.

<b>F</b>	<b>Marie Curie</b> Nationwide Family Support	Support Line - 0800 090 2309 General - 0800 716 146 Local Hospice Bradford - 01274 337000 bradford.hospice@mariecurie.org.uk	Help, support and guidance for those suffering from a terminal illness – support included for family members.
<b>A</b>	<b>Miscarriage Association</b> Nationwide Adults	01924 200799 info@miscarriageassociation.org.uk www.miscarriageassociation.org.uk Facebook - /MiscarriageAssociation	A UK-wide charity offering support and information on miscarriage, ectopic pregnancy and molar pregnancy. Services: Peer support, Listening, Phone helpline, Website articles and information...
<b>A</b>	<b>Muslim Bereavement Support Service</b> Nationwide Adults	0203 468 7333 info@mbss.org.uk www.mbss.org.uk	The Muslim Bereavement Support Service is a registered charity, founded in 2012. We are a non-profit organisation serving the Muslim community by supporting bereaved mothers who have lost a child at any stage. We also work with other organisations, the NHS and hospices in particular, to give a spiritual context to the bereavement support services they offer. Services: One to One, Phone helpline.
<b>A</b>	<b>National Maternity Support Foundation (NMSF) - Jake's Charity</b> Nationwide Adults	info@jakescharity.org www.jakescharity.org Facebook - /jakescharity	Bereavement care to those who have suffered loss through stillbirth and neonatal deaths. Services: Website articles and information, Events.



A	<p><b>Survivors of Bereavement by Suicide (SoBS)</b></p> <p>Nationwide</p> <p>Adults</p>	<p>0300 111 5065</p> <p>email.support@uksobs.org</p> <p>https://uksobs.org</p>	<p>We exist to meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend. Many of those helping have themselves been bereaved by suicide.</p> <p>Services: Groups, Peer support, Phone helpline, Website articles and information, Email support.</p>
A	<p><b>The Child Death Helpline</b></p> <p>Nationwide</p> <p>Adults</p>	<p>0800 282 986 Or 0808 800 6019</p> <p>contact@childdeathhelpline.org</p> <p>www.childdeathhelpline.org</p>	<p>A helpline for all those affected by the death of a child of any age, from pre-birth to adult, under any circumstances, however recent or long ago.</p> <p>Services: Listening, Phone helpline.</p>
F	<p><b>The Last Kiss Foundation</b></p> <p>Nationwide</p> <p>Family Support</p>	<p>thelastkissfoundation@gmail.com</p> <p>www.thelastkissfoundation.co.uk</p> <p>Facebook - /thelastkissfoundation</p>	<p>Helping support families who suffer the trauma of babyloss by providing hospitals with cuddle cot cooling systems and other items required to enhance their bereavement suites to make it feel more homely. Also, to provide bespoke training in grief to midwives. Services: Practical support.</p>

A	<p><b>The Loss Foundation Across</b> Nationwide Adults</p>	<p>0300 200 4112 info@thelossfoundation.org www.thelossfoundation.org Facebook - /thelossfoundation</p>	<p>The Loss Foundation is the only UK charity dedicated solely to providing bereavement support following the loss of a loved one to cancer, whether that be spouses, family members, friends or colleagues. We provide a variety of support events to help people at any point during their loss and create the opportunity for them to meet others who have experienced something similar. We also educate and empower others to support those who are grieving via our workshops and training. Services: Groups, Peer support, Friendship support, Listening, Drop in, Phone helpline, Website articles and information, Events.</p>
A	<p><b>The Lullaby Trust</b> Nationwide Adults</p>	<p>0808 802 6868 support@lullabytrust.org.uk www.lullabytrust.org.uk Facebook - /LullabyTrust</p>	<p>The Lullaby Trust provides support for anyone bereaved through the sudden and unexpected death of a baby or child. This support is for families, friends, carers and professionals. We have different ways of supporting you through this difficult time; we provide a range of services and can provide details of other organisations which might be helpful. The Lullaby Trust also promotes expert advice on safer baby sleep to help to reduce the risk of Sudden Infant Death Syndrome. Services: One to One, Peer support, Listening, Phone helpline, Website articles and information, Events.</p>

A	<b>The Miscarriage Association</b> Nationwide Adults	01924 200795 <a href="mailto:info@miscarriageassociation.org.uk">info@miscarriageassociation.org.uk</a> <a href="http://www.miscarriageassociation.org.uk">www.miscarriageassociation.org.uk</a>	We provide a number of places online where you can get support and information, share your experiences, comfort others and hear from the Miscarriage Association. Services: Phone helpline, Website articles and information.
A	<b>WAY - Widowed and Young</b> Nationwide Adults	<a href="mailto:enquiries@widowedandyoung.org.uk">enquiries@widowedandyoung.org.uk</a> <a href="http://www.widowedandyoung.org.uk">www.widowedandyoung.org.uk</a> Facebook - /WAYwidowedandyoung	WAY - Widowed & Young is a national UK charity offering a peer-to-peer support network for young widowed men and women aged 50 and under Services: Groups, One to One, Peer support, Friendship support, Practical support, Listening, Phone helpline, Website articles and information, Events, Holidays, Advocacy.
F	<b>4Louis</b> Nationwide Family	01914 154711 <a href="mailto:mail@4louis.co.uk">mail@4louis.co.uk</a>	4Louis is a UK charity that works across the country to support anyone affected by miscarriage, stillbirth and the death of a baby or child. We also work to improve the care bereaved families receive from health care and other professionals.

Online services/resources (A - Adult C - Children F - Families All - Adult/Children/Families)			
All	<b>Bereavement Advice Centre</b> Online Resource	0800 634 9494 www.bereavementadvice.org	Bereavement Advice Centre offers a free national helpline and website providing information, advice and signposting on any practical issue after the death of someone close. They will also identify the most appropriate support organisations for a particular individual's circumstances.
All	<b>Funeral Partners</b> Online Resource	www.funeralpartners.co.uk Facebook - /fpfunerals	Directory, ratings and comparison site of funeral directors across the UK.
All	<b>Good Funeral Guide</b> Online Resource	www.goodfuneralguide.co.uk	Directory of highly recommended funeral directors across the UK.
All	<b>NHS</b> National Health Service Online Resource	www.nhs.uk Non-Emergency Number 111 Facebook - /NHSwebsite	Information and resources, including local directory of services for all types of physiological and psychological problems.
All	<b>Patient</b> Online Resource	www.patient.info	Online service and library offering a number of different help, resources and information covering a number of problems and issues.

